

**Table 4.1.** Revised February 2016 by D.E. Groom (LBNL). The atomic number (top left) is the number of protons in the nucleus. The atomic masses (bottom) of stable elements are weighted by isotopic abundances in the Earth's surface. Atomic masses are relative to the mass of <sup>12</sup>C, defined to be exactly 12 unified atomic mass units (u) (approx. g/mole). The exceptions are Th, Pa, and U, which have no stable isotopes but do have characteristic terrestrial compositions. Relative isotopic abundances often vary considerably, both in natural and commercial samples; this is reflected in the number of significant figures given for the mass. The masses are adapted from M.E. Wieser, *et al.*, Pure Appl. Chem. **85**, 1047 (2013), "Atomic weights of the elements 2011 (IUPAC Technical Report)," with minor updates from [iupac.org/news/news-detail/article/standard-atomic-weights-revised-v2.html](http://iupac.org/news/news-detail/article/standard-atomic-weights-revised-v2.html). If there is no stable isotope the atomic mass of the most stable isotope is given in parentheses. Atomic masses of unstable isotopes are from M. Wang, *et al.* "The AME2012 atomic mass evaluation (II)," Chin. Phys. C **36**, 1603 (2012). Information about the super-heavy elements is from Yu.Ts. Oganessian and V.K. Utyonkov, Rep. Prog. Phys. **78**, 036301 (2015). IUPAC announced verification of the discoveries of elements 113, 115, 117, and 118 on 30 December 2015 ([www.iupac.org/news/news-detail/article/discovery-and-assignment-of-elements-with-atomic-numbers-113-115-117-and-118.html](http://www.iupac.org/news/news-detail/article/discovery-and-assignment-of-elements-with-atomic-numbers-113-115-117-and-118.html)). Final names have not been accepted as of February 2016. The 7th period of the periodic table is now complete.

1 IA																		18 VIIIA																	
1 H Hydrogen 1.008																	2 He Helium 4.002602																		
3 Li Lithium 6.94	4 Be Beryllium 9.012182	<b>PERIODIC TABLE OF THE ELEMENTS</b>																5 B Boron 10.81	6 C Carbon 12.0107	7 N Nitrogen 14.007	8 O Oxygen 15.999	9 F Fluorine 18.998403163	10 Ne Neon 20.1797												
11 Na Sodium 22.98976928	12 Mg Magnesium 24.305	3 IIIB	4 IVB	5 VB	6 VIB	7 VIIB	8 VIII	9 VIII	10 VIII	11 IB	12 IIB	13 Al Aluminum 26.9815385	14 Si Silicon 28.085	15 P Phosphorus 30.973761998	16 S Sulfur 32.06	17 Cl Chlorine 35.45	18 Ar Argon 39.948																		
19 K Potassium 39.0983	20 Ca Calcium 40.078	21 Sc Scandium 44.955908	22 Ti Titanium 47.867	23 V Vanadium 50.9415	24 Cr Chromium 51.9961	25 Mn Manganese 54.938044	26 Fe Iron 55.845	27 Co Cobalt 58.933195	28 Ni Nickel 58.6934	29 Cu Copper 63.546	30 Zn Zinc 65.38	31 Ga Gallium 69.723	32 Ge Germanium 72.630	33 As Arsenic 74.921595	34 Se Selenium 78.971	35 Br Bromine 79.904	36 Kr Krypton 83.798																		
37 Rb Rubidium 85.4678	38 Sr Strontium 87.62	39 Y Yttrium 88.90584	40 Zr Zirconium 91.224	41 Nb Niobium 92.90637	42 Mo Molybd. 95.95	43 Tc Technetium (97.907212)	44 Ru Ruthenium 101.07	45 Rh Rhodium 102.90550	46 Pd Palladium 106.42	47 Ag Silver 107.8682	48 Cd Cadmium 112.414	49 In Indium 114.818	50 Sn Tin 118.710	51 Sb Antimony 121.760	52 Te Tellurium 127.60	53 I Iodine 126.90447	54 Xe Xenon 131.293																		
55 Cs Caesium 132.90545196	56 Ba Barium 137.327	57-71 lantha- nides	72 Hf Hafnium 178.49	73 Ta Tantalum 180.94788	74 W Tungsten 183.84	75 Re Rhenium 186.207	76 Os Osmium 190.23	77 Ir Iridium 192.217	78 Pt Platinum 195.084	79 Au Gold 196.966569	80 Hg Mercury 200.592	81 Tl Thallium 204.38	82 Pb Lead 207.2	83 Bi Bismuth 208.98040	84 Po Polonium (208.98243)	85 At Astatine (209.98715)	86 Rn Radon (222.01758)																		
87 Fr Francium (223.01974)	88 Ra Radium (226.02541)	89-103 Actinides	104 Rf Rutherford. (267.122)	105 Db Dubnium (268.126)	106 Sg Seaborgium (271.134)	107 Bh Bohrium (270.133)	108 Hs Hassium (277.152)	109 Mt Meitnerium (278.156)	110 Ds Darmstadt. (281.165)	111 Rg Roentgen. (282.169)	112 Cn Copernicium (285.177)	113	114 Fl Flerovium (289.190)	115	116 Lv Livermorium (293.204)	117	118																		

Lanthanide series	57 La Lanthanum 138.90547	58 Ce Cerium 140.116	59 Pr Praseodym. 140.90766	60 Nd Neodymium 144.242	61 Pm Promethium (144.91276)	62 Sm Samarium 150.36	63 Eu Europium 151.964	64 Gd Gadolinium 157.25	65 Tb Terbium 158.92535	66 Dy Dysprosium 162.500	67 Ho Holmium 164.93033	68 Er Erbium 167.259	69 Tm Thulium 168.93422	70 Yb Ytterbium 173.054	71 Lu Lutetium 174.9668
Actinide series	89 Ac Actinium (227.02775)	90 Th Thorium 232.0377	91 Pa Protactinium 231.03588	92 U Uranium 238.02891	93 Np Neptunium (237.04817)	94 Pu Plutonium (244.06420)	95 Am Americium (243.06138)	96 Cm Curium (247.07035)	97 Bk Berkelium (247.07031)	98 Cf Californium (251.07959)	99 Es Einsteinium (252.0830)	100 Fm Fermium (257.09510)	101 Md Mendelevium (258.09843)	102 No Nobelium (259.1010)	103 Lr Lawrencium (262.110)