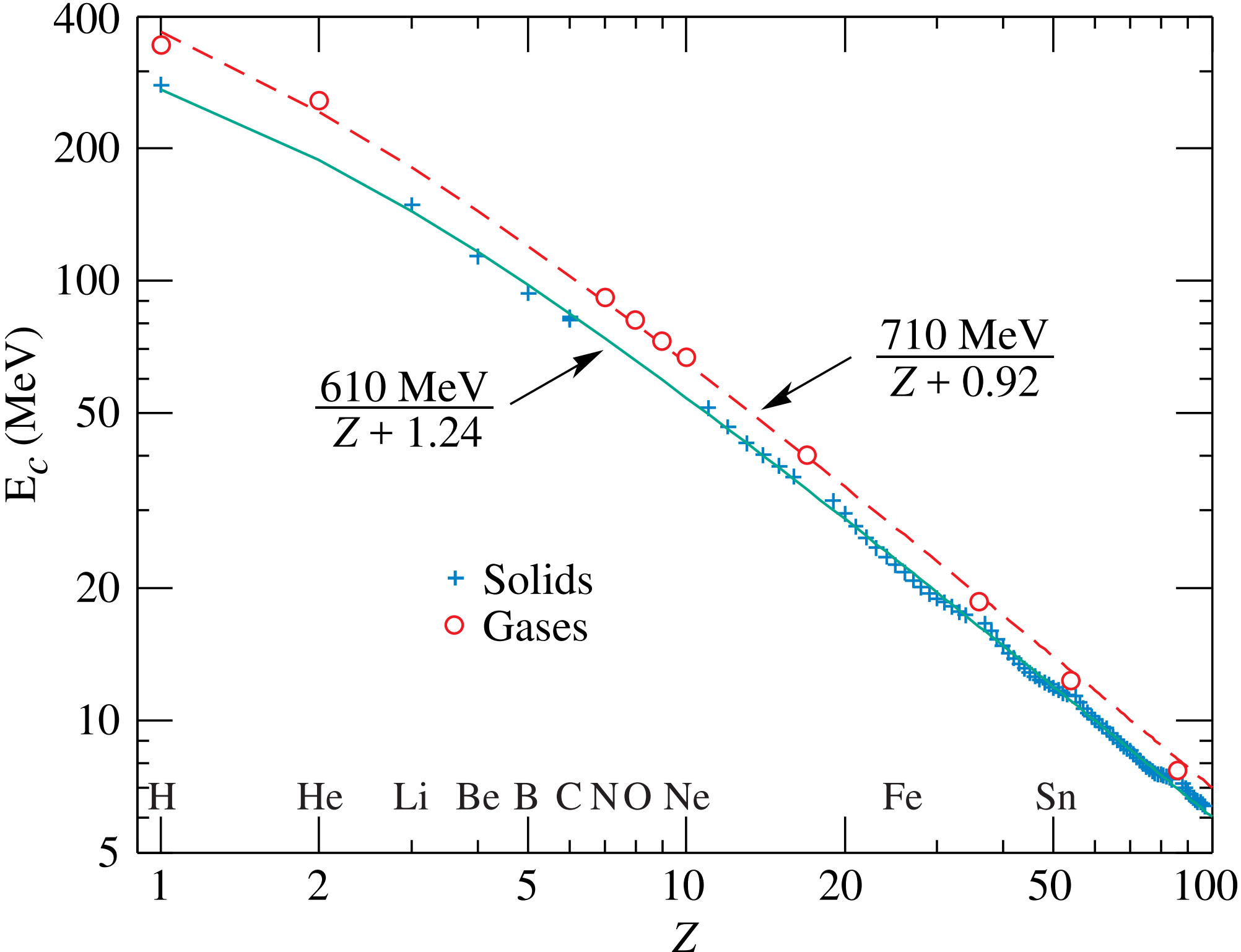
400
200
100
50
20
10
5
E_c (MeV)
1
2
5
10
20
50
100
Z
H
He
Li
Be
B
C
N
O
Ne
Fe
Sn
$\frac{610\ \text{MeV}}{Z + 1.24}$
$\frac{710\ \text{MeV}}{Z + 0.92}$
Solids
Gases